

**The rules:** the operator takes signals from ONE identified slinger/signaller only · EMERGENCY STOP may be given by anyone and must be obeyed · left and right are the SIGNALLER'S left and right · if visual or radio contact is lost — STOP THE LIFT.



**START / ATTENTION**

Both arms extended horizontally, palms facing forwards — "follow my instructions"



**STOP**

Right arm raised, palm facing forwards — interrupt / end the movement



**EMERGENCY STOP**

Both arms raised, palms facing forwards — given by ANYONE, obeyed instantly



**RAISE / HOIST**

Right arm raised, palm forward — hand slowly making a circle



**LOWER**

Right arm extended downwards, palm inwards — hand slowly making a circle



**VERTICAL DISTANCE**

Hands indicate the distance remaining to raise or lower



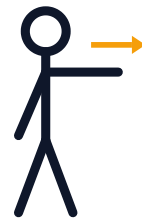
**MOVE FORWARDS**

Both arms bent, palms up — forearms beckon slowly towards the body



**MOVE BACKWARDS**

Both arms bent, palms down — forearms push slowly away from the body



**RIGHT (SIGNALLER'S)**

Right arm extended horizontally, palm down — small slow movements to the right



**LEFT (SIGNALLER'S)**

Left arm extended horizontally, palm down — small slow movements to the left



**HORIZONTAL DISTANCE**

Hands indicate the horizontal gap remaining



**END OF OPERATION**

Both hands clasped together at chest height